



When God's People **PRAY**

SESSION 1

The Truth About Prayer

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- Prayer is how we explore the boundaries of relationship with our Heavenly Father.
- Prayer is helping us to discover the legitimate desires of our hearts.
- Prayer is a way of demonstrating our dependence on God and our faith in His promises.
- Prayer is the door to praise and worship.
- Prayer is the time when we empty ourselves and prepare to be filled.